



The Potency of Traditional Market Vegetable Waste as Ruminant Feed in the Special Region of Yogyakarta

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Abstract | The relatively high-volume of vegetable waste in the Special Region of Yogyakarta Province causes environmental problems. Although it contains high nutrients, vegetable waste potential as ruminant feed is yet optimally utilized due to the possible presence of heavy metals such as Pb, Cu, and Hg, which can reduce livestock productivity. This study aimed to determine the nutrients and heavy metals content of vegetable waste from 11 traditional markets in Yogyakarta. The results showed vegetable waste contains protein (>20%) and fiber (<30%). It was also noted that the heavy metal concentration is below the maximum tolerable limit for ruminant feed ingredients. The nutrient and heavy metal content showed no difference between Sleman District, Bantul District, and Jogja City. This study concludes that vegetable waste from traditional markets in the Special Region of Yogyakarta has prospective as ruminant feed due to its high nutrient content with a low level of heavy metal.

Keywords | Ruminant feed, Heavy metals, Nutrients, Vegetable waste, Yogyakarta

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INTRODUCTION

The Special Region of Yogyakarta has a relatively high potential for vegetable waste due to the presence of many traditional markets as places for high-intensity vegetable transactions. Vegetables and fruit waste in traditional markets reaches 84% of total market waste (Cahyari and Sahroni, 2015). This waste was not optimally utilized and had an impact on environmental pollution. Processing vegetables and fruits waste into alternative feed can increase livestock productivity with low costs. Besides, it can reduce the pile of vegetable waste that pollutes the environment. The problem with vegetable waste as ruminant feed is the high heavy metal content. Heavy metals consumed by ru-

minants decrease rumen fermentation performance and feed digestibility. Heavy metals become enzyme inhibitors in the gastrointestinal tract cause feed degradation was not optimal. Inhibited nutrient utilization causes a decrease in livestock productivity (Yue et al., 2007; Mudhoo and Kumar, 2013; Marounek and Joch, 2014). Heavy metals such as Pb, Cu, and Cr in vegetables exceed the maximum limit (Zhou et al., 2016; Latif et al., 2018). Based on this description, this study aims to determine the potential and heavy metal contamination of traditional market vegetable waste in the Special Region of Yogyakarta.

SAMPLES COLLECTION

Vegetable waste samples were collected from 11 traditional markets in the Special Region of Yogyakarta. Three traditional markets in Sleman District include Demangan, Condong Catur, and Gamping, three traditional markets in Bantul District covering Piyungan, Barongan, and Bantul. Meanwhile, five traditional markets in Jogja City include Kranggan, Beringharjo, Kotagede, Prawirotaman, and Giwangan. From each traditional market, a total of ± 12 kg of vegetable waste was collected at three different points as replications, with ± 4 kg of the sample at each replication. Vegetable waste samples were stored in plastic bags for laboratory analysis.

IDENTIFY THE TYPE OF VEGETABLE WASTE

A total of 1-2 kg of collected vegetable waste was used for identification. Vegetable waste was separated based on the variety and weighed to get the percentage of each vegetable waste.

VEGETABLE WASTE DRYING

The unsorted vegetable waste sample (1 kg), divided into three parts and wrapped in a weighed paper bag. The wrapped samples were heated in a 55°C oven for 3-5 days to obtain air-dried samples. The dry waste samples were ground into powder using a Wiley 2 mm grinding machine. Vegetable waste samples were analyzed proximate (crude protein, crude fat, crude fiber, dry matter, and organic matter) using the AOAC (2005) and heavy metals (Pb, Cu, and Hg) through the atomic absorption spectroscopy (AAS) method (Hina et al., 2011).

DATA ANALYSIS

Data were analyzed by one-way analysis of variance (ANOVA) with a completely randomized design, followed by Duncan's Multiple Range Test (DMRT) to determine the difference between mean values (Gomez and Gomez, 1984).

RESULTS AND DISCUSSION

The potential of traditional market vegetable waste in the Special Region of Yogyakarta is presented in Table 1. The results showed that each traditional market in Sleman District, Bantul District, and Jogja City had high potential based on the vegetable variety. Each traditional market has an average of 12 types of vegetable waste and was dominated by vegetables such as cabbage, spinach, water spinach, mustard greens, Chinese cabbage, green beans, chayote, cucumber, carrots, tomatoes, long beans, and jackfruit peels. A variety of waste will have various types of nutrients and potential as ruminant feed. According to some researchers,

vegetable waste such as carrots, cabbage, spinach, cauliflower, tomatoes, banana leaves, corn husks, onion peels, cassava leaves, taro, jackfruit, cucumbers, potatoes, pumpkins, leek, celery, lettuce, broccoli, bananas, oranges, grapes, melons, pears, and plums have the potential as feed for ruminants (Ezeldin et al., 2016; Wadhwa and Bakshi, 2013; Bakshi et al., 2016; Mahgoub et al., 2020).

There are many traditional markets in the Special Region of Yogyakarta. According to Statistics Indonesia (2019), the Special Region of Yogyakarta has 357 traditional markets. The number of traditional markets is due to the high people's preference for purchases in traditional markets. People choose vegetables at an affordable price. Vegetables were mostly produced in rural areas in the Special Region of Yogyakarta, which affected the variety of vegetables in traditional markets. Furthermore, the supply of vegetables also comes from other producer areas, such as Magelang and Boyolali, which have vegetable production centers.

The chemical composition analysis of traditional market vegetable waste in the Special Region of Yogyakarta is shown in Table 2. The chemical composition of traditional market vegetable waste in Sleman District, Bantul District, and Jogja City were no different ($P > 0.05$). It was due to the high percentage of waste variety in each district almost same.

The chemical composition analysis showed that vegetable waste protein content reached 19%, and fiber lower than 30% would support livestock growth. The protein and the fiber content of vegetable waste are almost equivalent to elephant grass (*Pennisetum purpureum* S.) at 13.47-19.43% and 29.60-35.50% (Haryani et al., 2018), and *Setaria sphacelata* about 20.31-23.44% and 24.02-30.41% (Fitriana et al., 2017). According to Bakshi et al. (2016), vegetable waste is a good source of crude fiber and energy, especially for ruminants. Sheep requires about 9.8-16.7% protein (National Research Council, 1985), vegetable waste as an alternative feed can increase productivity at an economical cost. According to research by Retnani et al. (2014), the utilization of 100% vegetable waste as wafers feed-in sheep has the highest body weight gain and a final weight of 25.6% higher than conventional feed.

The result of the analysis of heavy metal content in vegetable waste is presented in Table 3. The results showed that the contamination of heavy metals Pb, Cu, and Hg in Sleman District, Bantul District, and Jogja City did not show a significant difference ($P > 0.05$). Pb contamination in all traditional markets is below 0.01 mg/kg. The maximum level of Pb contamination in forage for feed is 10-50 mg/kg (Reis et al., 2010; Adamse et al., 2017). Pb contamination in vegetable waste was still lower than the maximum level of Pb feed contamination. The maximum Hg

Table 1: The potential of traditional market vegetable waste in the Sleman District, Special Region of Yogyakarta

No.	Market Name	Vegetable Type	Botanical Name	Total (g)	Percentage (%)
1.	Demangan	Basil leaves	Ocimum basilicum	1033	18.384%
		Jackfruit peels	Artocarpus heterophyllus	534	9.503%
		Grated coconut	Cocos nucifera	453	8.062%
		Papaya	Carica papaya	444	7.902%
		Cucumber	Cucumis sativus	393	6.994%
		Banana leaves	Musa paradisiaca	373	6.638%
		Water spinach	Ipomoea aquatica	345	6.140%
		Others		330	5.873%
		Spinach	Amaranthus spp.	279	4.965%
		Eggplant	Solanum melongena	263	4.681%
		Bamboo shoots	Dendrocalamus asper	235	4.182%
		Young jackfruit	Artocarpus heterophyllus	206	3.666%
		Mustard greens	parachinensis	170	3.025%
		Chinese cabbage	Brassica rapa subsp. pekinensis	144	2.563%
		Cabbage	Brassica oleracea	140	2.492%
		Ridge gourd	Luffa acutangula	107	1.904%
		Scallion	Allium fistulosum	42	0.747%
		Chayote	Sechium edule	34	0.605%
		Green beans	Phaseolus vulgaris	22	0.392%
		Celery	Apium graveolens	21	0.374%
Long beans	Vigna cylindrica (L.)	18	0.320%		
Carrot	Daucus carota	12	0.214%		
Corn husk	Zea mays	8	0.142%		
Grape	Vitis vinifera	7	0.125%		
Cassava leaves	Manihot utilissima	6	0.107%		
2.	Condong Catur	Chinese cabbage	Brassica rapa subsp. pekinensis	1755	34.574%
		Chayote	Sechium edule	1142	22.498%
		Cabbage	Brassica oleracea	670	13.199%
		Water spinach	Ipomea aquatica	606	11.939%
		Cassava leaves	Manihot utilissima	244	4.807%
		Mustard greens	parachinensis	242	4.768%
		Tomato	Solanum lycopersicum	157	3.093%
		Eggplant	Solanum melongena	135	2.660%
		Green beans	Phaseolus vulgaris	51	1.005%
		Spinach	Amaranthus spp.	35	0.690%
		Long beans	Vigna cylindrica (L.)	15	0.296%
		Scallion	Allium fistulosum	11	0.217%
		Onion peels	Allium cepa	9	0.177%
Chili	Capsicum annum	4	0.079%		
3.	Gamping	Water spinach	Ipomea aquatica	1448	32.701%
		Spinach	Amaranthus spp.	627	14.160%
		Kenikir leaves	Cosmos caudatus	527	11.902%
		Cabbage	Brassica oleracea	384	8.672%

Mustard greens	<i>Brassica rapa</i> subsp. <i>parachinensis</i>	362	8.175%
Cucumber	<i>Cucumis sativus</i>	319	7.204%
Carrot peels	<i>Daucus carota</i>	234	5.285%
Guava	<i>Syzygium aqueum</i>	89	2.010%
Pumpkin	<i>Cucurbita moschata</i> Durch	70	1.581%
Eggplant	<i>Solanum melongena</i>	67	1.513%
Others		64	1.445%
Chayote	<i>Sechium edule</i>	53	1.197%
Radish	<i>Raphanus sativus</i>	42	0.949%
Long beans	<i>Vigna cylindrica</i> (L.)	42	0.949%
Corn	<i>Zea mays</i>	31	0.700%
Green beans	<i>Phaseolus vulgaris</i>	23	0.519%
Scallion	<i>Allium fistulosum</i>	16	0.361%
Chili	<i>Capsicum annum</i>	15	0.339%
Daun melinjo	<i>Gnetum gnemon</i>	8	0.181%
Klutuk banana leaves	<i>Musa balbisiana</i>	5	0.113%
Cassava leaves	<i>Manihot utilissima</i>	2	0.045%

Table 2: The potential of traditional market vegetable waste in the Bantul District, Special Region of Yogyakarta

No.	Market Name	Vegetable Type	Botanical Name	Total (g)	Percentage (%)
1.	Piyungan	Cabbage	<i>Brassica oleracea</i>	2338	58.877%
		Spinach	<i>Amaranthus</i> spp.	587	14.782%
		Mustard greens	<i>Brassica rapa</i> subsp. <i>parachinensis</i>	505	12.717%
		Bay leaves	<i>Syzygium polyanthum</i>	312	7.857%
		Bamboo shoots	<i>Dendrocalamus asper</i>	131	3.299%
		Bitter melon	<i>Momordica charantia</i>	98	2.468%
		2.	Barongan	Cucumber	<i>Cucumis sativus</i>
Bitter melon	<i>Momordica charantia</i>			753	15.516%
Cabbage	<i>Brassica oleracea</i>			689	14.197%
Tomato	<i>Solanum lycopersicum</i>			560	11.539%
Eggplant	<i>Solanum melongena</i>			261	5.378%
Water spinach	<i>Ipomea aquatica</i>			257	5.296%
Klutuk banana leaves	<i>Musa balbisiana</i>			235	4.842%
Carrot	<i>Daucus carota</i>			180	3.709%
Long beans	<i>Vigna cylindrica</i> (L.)			175	3.606%
Scallion	<i>Allium fistulosum</i>			161	3.318%
Cassava leaves	<i>Manihot utilissima</i>			143	2.947%
Banana	<i>Musa paradisiaca</i>			138	2.844%
Taro	<i>Colocasia esculenta</i>			112	2.308%
Others				83	1.710%
Celery	<i>Apium graveolens</i>			55	1.133%
Cauliflower	<i>Brassica oleracea</i> var. <i>Botrytis</i>	44	0.907%		
Mustard greens	<i>Brassica rapa</i> subsp. <i>parachinensis</i>	44	0.907%		

3.	Bantul	Bay leaves	<i>Syzygium polyanthum</i>	5	0.103%
		Cabbage	<i>Brassica oleracea</i>	1592	41.394%
		Carrot	<i>Daucus carota</i>	771	20.047%
		Long beans	<i>Vigna cylindrica</i> (L.)	495	12.871%
		Cauliflower	<i>Brassica oleracea</i> var. <i>Botrytis</i>	290	7.540%
		Mustard greens	<i>Brassica rapa</i> subsp. <i>parachinensis</i>	205	5.330%
		Scallion	<i>Allium fistulosum</i>	173	4.498%
		Water spinach	<i>Ipomea aquatica</i>	163	4.238%
		Potato	<i>Solanum tuberosum</i>	80	2.080%
		Green beans	<i>Phaseolus vulgaris</i>	35	0.910%
		Ridge gourd	<i>Luffa acutangula</i>	27	0.702%
		Eggplant	<i>Solanum melongena</i>	8	0.208%
Chili	<i>Capsicum annuum</i>	7	0.182%		

Table 3: The potential of traditional market vegetable waste in the Jogja City, Special Region of Yogyakarta

No.	Market Name	Vegetable Type	Botanical Name	Total (g)	Percentage (%)
1.	Kranggan	Green beans	<i>Phaseolus vulgaris</i>	1178	27.796%
		Red apple	<i>Malus domestica</i>	424	10.005%
		Long beans	<i>Vigna cylindrica</i> (L.)	348	8.211%
		Spinach	<i>Amaranthus</i> spp.	324	7.645%
		Chinese cabbage	<i>Brassica rapa</i> subsp. <i>Pekinensis</i>	287	6.772%
		Mustard greens	<i>parachinensis</i>	272	6.418%
		Cabbage	<i>Brassica oleracea</i>	269	6.347%
		Bamboo shoots	<i>Dendrocalamus asper</i>	219	5.168%
		Star fruit	<i>Averrhoa carambola</i>	179	4.224%
		Corn husk	<i>Zea mays</i>	162	3.823%
		Celery	<i>Apium graveolens</i>	144	3.398%
		Orange	<i>Citrus reticulata</i>	115	2.714%
		Carrot	<i>Daucus carota</i>	91	2.147%
		Scallion	<i>Allium fistulosum</i>	89	2.100%
		Banana	<i>Musa paradisiaca</i>	49	1.156%
		Eggplant	<i>Solanum melongena</i>	31	0.731%
		Tomato	<i>Solanum lycopersicum</i>	30	0.708%
		Chili	<i>Capsicum annuum</i>	12	0.283%
		Mangosteen peels	<i>Garcinia mangostana</i>	9	0.212%
		Rambutan peels	<i>Nephelium lappaceum</i>	6	0.142%
2.	Beringharjo	Mustard greens	<i>Brassica rapa</i> subsp. <i>parachinensis</i>	924	28.839%
		Cabbage	<i>Brassica oleracea</i>	907	28.308%
		Eggplant	<i>Solanum melongena</i>	322	10.050%
		Madeira vine	<i>Anredera cordifolia</i>	300	9.363%
		Scallion	<i>Allium fistulosum</i>	259	8.084%
		Celery	<i>Apium graveolens</i>	243	7.584%
		Carrot	<i>Daucus carota</i>	221	6.898%
		Parsley	<i>Petroselinum crispum</i>	28	0.874%
3.	Kotagede	Cabbage	<i>Brassica oleracea</i>	3222	74.774%

		Potato	<i>Solanum tuberosum</i>	339	7.867%
		Scallion	<i>Allium fistulosum</i>	308	7.148%
		Mustard greens	<i>Brassica rapa</i> subsp. <i>parachinensis</i>	148	3.435%
		Long beans	<i>Vigna cylindrica</i> (L.)	130	3.017%
		Bay leaves	<i>Syzygium polyanthum</i>	66	1.532%
		Celery	<i>Apium graveolens</i>	54	1.253%
		Others		32	0.993%
		Chili	<i>Capsicum annuum</i>	4	0.093%
		Klutuk banana leaves	<i>Musa balbisiana</i>	4	0.093%
		Carrot peels	<i>Daucus carota</i>	2	0.046%
4.	Prawirotaman	Sweet leaves	<i>Sauropus androgynus</i>	1619	37.827%
		Jackfruit peels	<i>Artocarpus heterophyllus</i>	783	18.294%
		Water spinach	<i>Ipomea aquatica</i>	530	12.383%
		Spinach	<i>Amaranthus</i> spp.	475	11.098%
		Cabbage	<i>Brassica oleracea</i>	435	10.164%
		Chayote	<i>Sechium edule</i>	136	3.178%
		Carrot	<i>Daucus carota</i>	102	2.383%
		Orange	<i>Citrus reticulata</i>	71	1.659%
		Banana peels	<i>Musa paradisiaca</i>	33	0.771%
		Kenikir leaves	<i>Cosmos caudatus</i>	26	0.607%
		Scallion	<i>Allium fistulosum</i>	24	0.561%
		Tomato	<i>Solanum lycopersicum</i>	19	0.444%
		Cassava leaves	<i>Manihot utilissima</i>	18	0.421%
		Bay leaves	<i>Syzygium polyanthum</i>	7	0.164%
		Green beans	<i>Phaseolus vulgaris</i>	2	0.047%
5.	Giwangan	Mustard greens	<i>Brassica rapa</i> subsp. <i>parachinensis</i>	3268	85.438%
		Tomato	<i>Solanum lycopersicum</i>	378	9.882%
		Eggplant	<i>Solanum melongena</i>	105	2.745%
		Corn husk	<i>Zea mays</i>	74	1.935%

Table 4: Chemical composition of traditional market vegetable waste in the Special Region of Yogyakarta (%)*

District	Dry Matter	Organic Matter	Crude Protein	Crude Fiber	Ether Extract	Total Digestible Nutrient
Sleman	93.19	19.43	19.03	20.66	2.13	63.00
Bantul	89.79	22.96	18.90	23.42	1.69	68.80
Jogja City	91.04	22.30	22.73	20.11	1.47	68.33
Average	91.06	21.81	19.98	21.76	1.75	67.09
SE	1.913	1.189	0.966	1.110	0.191	1.713
P-value	0.802	0.507	0.235	0.434	0.478	0.230

*dry weight

Table 5: The heavy metal content of traditional market vegetable waste in the Special Region of Yogyakarta (dry matter sample)

District	Lead (Pb, mg/kg)	Copper (Cu, mg/kg)	Mercury (Hg; µg/kg)
Bantul	<0.01	18.39	23.46
Sleman	<0.01	18.50	33.12
Jogja City	<0.01	12.54	14.52

Average	<0.01	16.84	25.41
SE	0.000	1.740	5.414
P-value	1.000	0.352	0.397

contamination in the feed is 0.1 mg/kg. The Hg content in vegetable waste is still lower than the contamination limit based on Adamse et al. (2017). The standard of Hg content in ruminant feed is 0.1 mg/kg. Hg contamination in vegetable waste is below the maximum contamination limit.

The heavy metals content in vegetables was affected by several factors, such as pesticides and herbicides application, fertilizers, air pollution, soil and irrigation water contaminated with waste, and poor handling during the distribution process (Onakpa et al., 2018; Ruzaidy and Amid, 2020). The problem of utilizing vegetable waste as feed is high heavy metals contamination causes risks to livestock. Heavy metals such as Pb, Cu, and Cr, contained in vegetables, exceed normal permissible limits. Heavy metals consumed by ruminants will reduce rumen fermentation performance and decrease feed digestibility. Heavy metals become enzyme inhibitors in the digestive tract caused less feed degradation. Low nutrient utilization decreased livestock productivity (Yue et al., 2007; Marounek and Joch, 2014).

The consumption of heavy metals through the feed can become a residue in meat and is dangerous if consumed by humans. Research by Sudiyono (2011) shows that cattle that consume heavy metals lead heavy metal contamination of meat to exceed the maximum limit, causing humans health problems. Sheep that grazing in landfill area contains heavy metals on lamb meat over the permissible limit (Rahayu et al., 2016). Consuming heavy metals causes damage to the brain, lungs, kidneys and liver function, blood composition, and other essential organs. Long-term exposure can lead to physical, muscular, and neurological degenerative processes that imitate diseases such as multiple sclerosis, Parkinson's disease, Alzheimer's disease, muscular dystrophy, hypertension, cancer, and may even cause death (Mudgal et al., 2010; Jaishankar et al., 2014) (Table 4 and 5).

CONCLUSION

Traditional market vegetable waste in the Special Region of Yogyakarta is potentially utilized as a ruminant feed based on the variety and chemical composition. Heavy metal contamination of Pb, Cu, and Hg in vegetable waste was still below the permissible limit for ruminant feed.

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CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

AUTHORS CONTRIBUTION

Muhsin Al Anas designed, performed the experiment and wrote the manuscript. Himmatul Hasanah collected the samples and analyzed the data. Ali Agus supervised all the study and revised the manuscript. All authors read and approved the final manuscript for publication.

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